



UNIVERSIDAD
DE MURCIA



Universidad
Politécnica
de Cartagena

PRUEBAS DE ACCESO A LA UNIVERSIDAD
303- INGLÉS
PAU2026 - JULIO

NOTA IMPORTANTE

La *Section I Reading Comprehension* contiene un único texto con tres tareas (1, 2, 3). Es necesario responder todas las cuestiones incluidas en esas tres tareas. La *Section II Use of English* contiene dos tareas (4 y 5). En la 4 se responden todas las cuestiones y, en la 5, se responden solo tres de las cinco cuestiones propuestas. En la *Section III Writing* se incluye solo una tarea (6). En esta tarea, se elegirá solo una de las dos opciones propuestas. En las tareas que corresponda, si se responde a un número de cuestiones superior al requerido, se corregirán solo las primeras respuestas hasta llegar al número indicado.

Is social media messing up our kids? A growing number of European countries seem to think it's causing a problem, as more and more consider bans or restrictions. In an effort to get children to log off screens and into real life, Spain plans to ban under-16s from social media platforms. For many adults, it seems to make sense, but how do young people feel about losing access? I've come to meet a group of 12- to 17-year-olds at Spain's oldest secondary school in Madrid. Much to my surprise, all of them support the restriction. "I think that as long as private companies own these apps, there won't be really positive things because the only thing that matters to them is that you spend more time in the app for them to make more money," 14-year-old Max explains. Like several of the other boys in the group, he said he has struggled in the past with social media addiction, spending hours doomscrolling at the expense of going out with friends. It's a problem that's also troubled 12-year-old Theo. "I was five or six hours a day watching a screen and I failed my exams," he said. "My parents took off all those things [apps] and I started to get good marks." Several of the girls also have concerns about the impact of social media on their peers' mental health. Elena, 16, and 17-year-old Vega explain that the algorithms often push endless streams of posts about "clean eating", body image and beauty to teenage girls, leading some of them to become trapped in a cycle of unrealistic comparisons. At times, they say, it can feel overwhelming. "A lot of really young girls develop eating disorders at a very fast rate, for example, because of social media," adds Vega. While this group is pro-restrictions, they admit that not all their classmates agree. "We had a debate in class about this: most girls believe that the boundary is a good idea, while guys think it's not," Vega continues.

Social media platforms are made to hack the brain. "Among girls and boys that have previously been using social media for hours, we see worse mental health," explains psychologist Silvia Álava. The hormones rushing around teenagers' rapidly developing bodies mean they can have much stronger reactions to likes or comments on social media than adults. She likens it to the thrill people get from playing slot machines, and agrees that at such a formative age, children's brains need to be protected.

The government has also asked prosecutors to investigate potential crimes committed by Meta, X, and TikTok in connection with the possible creation and dissemination of child porn using AI. In February, representatives of the Spanish government said that in just 11 days, three million nude AI-generated images appeared on X, many of them depicting children. In a post a few days later, X said, "We maintain zero tolerance for child sexual exploitation, including AI-generated content, and enforce strict policies to keep minors safe and ensure a positive experience for everyone."

SECTION I: READING COMPREHENSION [30 MARKS]

1. Read the text and, for items 1.1 and 1.2, choose the best option (A, B, or C) and copy the corresponding letter onto your answer sheet. Then, decide whether statements 1.3 and 1.4 are true or false and find a text fragment which confirms your answer in either case. Write “TRUE” or “FALSE” plus the fragment (one or two lines maximum) on your answer sheet. [Score: 4 items x 4 marks = 16 marks]

Part 1: Multiple choice items

1.1. One argument in support of restricting social media access to under-16s is that ...

- a) ... social media companies prioritize profit over young users' wellbeing.
- b) ... the government should control online platforms more strictly.
- c) ... parents can't control their children's use of social media effectively.

1.2. What does Theo's story mainly illustrate about heavy social media use?

- a) It can distract children from social activities with friends.
- b) It may have negative consequences for school performance.
- c) It causes conflicts between children and their parents.

Part 1: True-False items

1.3. The psychologist believes teenagers react more strongly than adults to social media feedback.

1.4. X admitted responsibility for allowing AI-generated images involving children to appear on its platform.

2. Complete each sentence with information from the text but using your own words (about 10-15 words of your own per sentence). DO NOT COPY LITERALLY from the text nor from the items in 1 (1.1-1.4). Write the two sentences on your answer sheet. [Score: 2 items x 5 marks = 10 marks]

2.1. Some teenage girls feel concerned because social media can _____.

2.2. Spain plans to limit social media access in order to _____.

3. Find in the text words that match definitions 3.1 to 3.4 below. Copy the words from the text onto your answer sheet. [Score: 4 items x 1 mark = 4 marks]

Paragraph 1

3.1. Definition: To have difficulty dealing with a problem or situation.

Text word? (Verb) _____.

Paragraph 1

3.2. Definition: The habit of continuously looking at large amounts of negative or worrying content online.

Text word? (Verb) _____.

Paragraph 1

3.3. Definition: So strong or intense that it is difficult to manage or cope with.

Text word? (Adj) _____.

Paragraph 3

Definition: A lawyer who represents the government in a court of law.

Text word? (Noun) _____.



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SECTION II: OVERALL LANGUAGE ABILITY (USE OF ENGLISH) (30 marks)

4. Complete the text choosing the best option (A, B, or C) for each gap (1-15). On your answer sheet, draw a table like the one below and, for each gap (1-15), copy the letter that corresponds to your answer (A, B, or C). Use CAPITAL LETTERS. [Score: 15 x 1 = 15 marks]

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15

Smart clothing could become an important tool for health tracking in the future. Most people today use fitness trackers which are worn tightly on the wrist or **(1)** ____ the body. These devices measure movement and other physical signals and then convert them into information such as steps taken or calories burned.

(2) ____, recent research results suggest that looser clothing may track movement more accurately than tight wearables. According to these results, sensors placed in loose fabric **(3)** ____ predict body movement with much more accuracy while using less data. This challenges the common belief that loose sensors produce unclear **(4)** ____ unreliable results.

Researchers explain that when a person moves, loose fabric **(5)** ____ not remain still. Instead, it folds and reacts to movement, which allows sensors to capture more detailed information. This means that future health tracking devices could be integrated into everyday clothing, **(6)** ____ buttons or pins, without making people feel uncomfortable.

The study was carried out by a research team at King's College London. Sensors were tested on different fabrics using **(7)** ____ human volunteers and robots. The results showed that the fabric-based sensors detected movement faster and more accurately **(8)** ____ traditional trackers. Interestingly, the accuracy did not depend on **(9)** ____ the sensor was placed on the clothing.

This technology could be especially useful **(10)** ____ detecting small movements that are often missed, such as slight tremors. In the future, it may help doctors monitor patients from **(11)** ____ homes, which could improve care and **(12)** ____ hospital visits.

Although current fitness trackers are useful for exercise, they **(13)** ____ have limitations. For example, they do not always provide reliable information about certain medical measurements. Smart clothing could help overcome **(14)** ____ of these problems.

Although this technology is still developing, researchers believe it has strong potential. In time, smart clothing may become as common as **(15)** ____ wearable devices.

- | | | |
|------------------|------------|----------------|
| 1. a) around | b) inside | c) through |
| 2. a) Although | b) However | c) Therefore |
| 3. a) must | b) can | c) should |
| 4. a) or | b) but | c) nor |
| 5. a) does | b) has | c) did |
| 6. a) an example | b) such as | c) among which |
| 7. a) either | b) each | c) both |
| 8. a) as | b) from | c) than |
| 9. a) which | b) where | c) when |
| 10. a) for | b) to | c) about |
| 11. a) own | b) the own | c) their own |
| 12. a) reduce | b) reduces | c) reducing |
| 13. a) already | b) still | c) quite |
| 14. a) some | b) much | c) few |
| 15. a) today | b) today's | c) today's |

5. Complete **THREE** of the following sentences so that each sentence keeps the meaning of the sentence printed before it and includes **a clear change of linguistic structure**. **COPY THE COMPLETE SENTENCES** (including the beginnings already given to you) onto your answer sheet. [Score: 3 items x 5 marks = 15 marks]

5.1. It is necessary to wear protective equipment in this area.

Protective equipment _____ in this area.

5.2. "Why did you choose that solution?" the manager asked her.

The manager wanted to know _____ that solution.

5.3. She doesn't bring all the necessary documents, so the meeting cannot start on time.

If she _____, the meeting would start on time.

5.4. They sold their house too quickly, and now they think it was a mistake.

They wish _____ their house so quickly.

5.5. The task we did yesterday is much more time-consuming than this one.

This task _____ the one we did yesterday.

SECTION III: WRITING (40 marks)

6. Choose **ONE** of the two options below (a or b) and write the corresponding text (150-175 words). Write your answer on your answer sheet. [Score: 1 item x 40 marks = 40 marks]

- a) **Opinion writing.** *Young adults in Spain face serious challenges when trying to live independently. Do you agree?*

WRITE AN OPINION TEXT. Make sure you adopt a position and then provide the necessary arguments to convince your reader of it.

- b) **Informal email writing.** *Helping a friend decide on a new hobby.*

WRITE AN INFORMAL EMAIL BASED ON THE FOLLOWING SITUATION:

A close friend of yours wants to start a new hobby but is unsure which one would suit him/her best. You have some experience with hobbies and free-time activities and would like to help your friend decide. In your email, be sure to a) recommend a hobby that you think would be suitable for your friend and explain your reasons; b) compare this hobby with another possible option, explaining why your suggestion is better; and c) give one or two practical suggestions on how your friend could get started.



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Social media platforms are made to hack the brain. "Among girls and boys that have previously been using social media for hours, we see worse mental health," explains psychologist Silvia Álava. The hormones rushing around teenagers' rapidly developing bodies mean they can have much stronger reactions to likes or comments on social media than adults. She likens it to the thrill people get from playing slot machines, and agrees that at such a formative age, children's brains need to be protected.

The government has also asked prosecutors to investigate potential crimes committed by Meta, X, and TikTok in connection with the possible creation and dissemination of child porn using AI. In February, Spain's Prime Minister, Pedro Sanchez, said that in just 11 days, three million nude AI-generated images appeared on X, many of them depicting children. In a post a few days later, X said, "We maintain zero tolerance for child sexual exploitation, including AI-generated content, and enforce strict policies to keep minors safe and ensure a positive experience for everyone."

SECTION I: READING COMPREHENSION [30 MARKS]

1. Read the text and, for items 1.1 and 1.2, choose the best option (A, B, or C) and copy the corresponding letter onto your answer sheet. Then, decide whether statements 1.3 and 1.4 are true or false and find a text fragment which confirms your answer in either case. Write "TRUE" or "FALSE" plus the fragment (one or two lines maximum) on your answer sheet. [Score: 4 items x 4 marks = 16 marks]



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Part 1: Multiple-choice items

- 1.1. One argument in support of restricting social media access to under-16s is that ...
 a) ... **social media companies prioritize profit over young users' wellbeing.**
 b) ... the government should control online platforms more strictly.
 c) ... parents can't control their children's use of social media effectively.
- 1.2. What does Theo's story mainly illustrate about heavy social media use?
 a) It can distract children from social activities with friends.
 b) **It may have negative consequences for school performance.**
 c) It causes conflicts between children and their parents.

Part 2: True-False items

- 1.3. The psychologist believes teenagers react more strongly than adults to social media feedback.
TRUE Evidence: **"The hormones rushing around teenagers' rapidly developing bodies mean they can have much stronger reactions to likes or comments on social media than adults."**
- 1.4. X admitted responsibility for allowing AI-generated images involving children to appear on its platform.
FALSE Evidence: **"... X said, 'We maintain zero tolerance for child sexual exploitation, including AI-generated content, and enforce strict policies to keep minors safe and ensure a positive experience for everyone.'"**

2. Complete each sentence with information from the text but using your own words (about 10-15 words of your own per sentence). DO NOT COPY LITERALLY from the text nor from the items in Task 1 (1.1-1.4). Write the two sentences on your answer sheet. [Score: 2 items x 5 marks = 10 marks]

- 2.1. Some teenage girls feel concerned because social media can _____.
- 2.2. Spain plans to limit social media access in order to _____.

3. Find in the text words that match definitions 3.1 to 3.4 below. Copy the words from the text onto your answer sheet. [Score: 4 items x 1 mark = 4 marks]

Paragraph #1

- 3.1. Definition: To have difficulty dealing with a problem or situation.
 Text word? (Verb) _____. **STRUGGLE**

Paragraph #1

- 3.2. Definition: The habit of continuously looking at large amounts of negative or worrying content online.
 Text word? (Verb) _____. **DOOMSCROLLING**

Paragraph #1

- 3.3. Definition: So strong or intense that it is difficult to manage or cope with.
 Text word? (Adj) _____. **OVERWHELMING**

Paragraph #3

- 3.4. Definition: A lawyer who represents the government in a court of law.
 Text word? (Noun) _____. **PROSECUTOR**



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SECTION II: OVERALL LANGUAGE ABILITY (USE OF ENGLISH) (30 marks)

4. Complete the text choosing the best option (A, B, or C) for each gap (1-15). On your answer sheet, draw a table like the one below and, for each gap (1-15), copy the letter that corresponds to your answer (A, B, or C). Use CAPITAL LETTERS. [Score: 15 items x 1 mark = 15 marks]

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15

Smart clothing could become an important tool for health tracking in the future. Most people today use fitness trackers which are worn tightly on the wrist or (1) **AROUND** the body. These devices measure movement and other physical signals and then convert them into information such as steps taken or calories burned.

(2) **HOWEVER**, recent research results suggest that looser clothing may track movement more accurately than tight wearables. According to these results, sensors placed in loose fabric (3) **CAN** predict body movement with much more accuracy while using less data. This challenges the common belief that loose sensors produce unclear (4) **OR** unreliable results.

Researchers explain that when a person moves, loose fabric (5) **DOES** not remain still. Instead, it folds and reacts to movement, which allows sensors to capture more detailed information. This means that future health tracking devices could be integrated into everyday clothing, (6) **SUCH AS** buttons or pins, without making people feel uncomfortable.

The study was carried out by a research team at King's College London. Sensors were tested on different fabrics using (7) **BOTH** human volunteers and robots. The results showed that the fabric-based sensors detected movement faster and more accurately (8) **THAN** traditional trackers. Interestingly, the accuracy did not depend on (9) **WHERE** the sensor was placed on the clothing.

This technology could be especially useful (10) **FOR** detecting small movements that are often missed, such as slight tremors. In the future, it may help doctors monitor patients from (11) **THEIR OWN** homes, which could improve care and (12) **REDUCE** hospital visits.

Although current fitness trackers are useful for exercise, they (13) **STILL** have limitations. For example, they do not always provide reliable information about certain medical measurements. Smart clothing could help overcome (14) **SOME** of these problems.

Although this technology is still developing, researchers believe it has strong potential. In time, smart clothing may become as common as (15) **TODAY'S** wearable devices.

- | | | |
|----------------------|-------------------|---------------------|
| 1. a) around | b) inside | c) through |
| 2. a) Although | b) However | c) Therefore |
| 3. a) must | b) can | c) should |
| 4. a) or | b) but | c) nor |
| 5. a) does | b) has | c) did |
| 6. a) an example | b) such as | c) among which |
| 7. a) either | b) each | c) both |
| 8. a) as | b) from | c) than |
| 9. a) which | b) where | c) when |
| 10. a) for | b) to | c) about |
| 11. a) own | b) the own | c) their own |
| 12. a) reduce | b) reduces | c) reducing |
| 13. a) already | b) still | c) quite |
| 14. a) some | b) much | c) few |
| 15. a) today | b) today's | c) today's |



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5. Complete **THREE** of the following sentences so that each sentence keeps the meaning of the sentence printed before it and includes a clear change of linguistic structure. COPY THE COMPLETE SENTENCES (including the beginnings already given to you) onto your answer sheet. [Score: 3 items x 5 marks = 15 marks]

1. It is necessary to wear protective equipment in this area.
Protective equipment _____ in this area. **MUST BE/NEEDS TO BE WORN**
2. "Why did you choose that solution?" the manager asked her.
The manager wanted to know _____ that solution. **WHY SHE HAD CHOSEN**
3. She doesn't bring all the necessary documents, so the meeting cannot start on time.
If she _____, the meeting would start on time. **BROUGHT ALL THE NECESSARY DOCUMENTS**
4. They sold their house too quickly, and now they think it was a mistake.
They wish _____ their house so quickly. **THEY HADN'T SOLD**
5. The task we did yesterday was more time-consuming than this one.
This task _____ the one we did yesterday. **IS NOT AS TIME-CONSUMING AS/IS LESS TIME-CONSUMING THAN**

SECTION III: WRITING (40 marks)

6. Choose **ONE** of the two options below (a or b) and write the corresponding text (150-175 words). Write your answer on your answer sheet. [Score: 1 item x 40 marks = 40 marks]

a) **Opinion writing.** *Young adults in Spain face serious challenges when trying to live independently. Do you agree?*

WRITE AN OPINION TEXT. Make sure you adopt a position and then provide the necessary arguments to convince your reader of it.

b) **Formal email writing.** *Helping a friend decide on a new hobby.*

WRITE AN INFORMAL EMAIL BASED ON THE FOLLOWING SITUATION:

A close friend of yours wants to start a new hobby but is unsure which one would suit him/her best. You have some experience with hobbies and free-time activities and would like to help your friend decide. In your email, be sure to a) recommend a hobby that you think would be suitable for your friend and explain your reasons; b) compare this hobby with another possible option, explaining why your suggestion is better; and c) give one or two practical suggestions on how your friend could get started.